

# Brain Teasing

These exercises are very helpful in teaching your hands coordination on the harp. The hands will be going in opposite motion.

## Inside out motion

Place your top/writing hand on the upper register of your harp.

The bottom/non-writing hand is placed on the lower register.

Play both hands at the same time, together:

TH:	<u>C</u> D E	D E <u>F</u>	E <u>F</u> G <u>C</u>
fingers:	3 2 1	3 2 1	4 3 2 1
BH:	<u>E</u> <u>D</u> <u>C</u>	<u>F</u> <u>E</u> <u>D</u>	<u>G</u> <u>F</u> <u>E</u> <u>C</u>
fingers:	1 2 3	1 2 3	1 2 3 4

## Outside in motion

TH:	G <u>F</u> E	<u>F</u> E D	E D <u>C</u> <u>C</u>
fingers:	1 2 3	1 2 3	1 2 3 3
BH:	<u>C</u> <u>D</u> <u>E</u>	<u>D</u> <u>E</u> <u>F</u>	<u>E</u> <u>F</u> <u>G</u> <u>G</u>
fingers:	3 2 1	3 2 1	3 2 1 1
TH:	<u>G</u> <u>E</u> <u>C</u>	<u>A</u> <u>F</u> <u>D</u>	<u>G</u> <u>E</u> <u>D</u> <u>C</u>
fingers:	1 2 3	1 2 3	1 2 3 4
BH:	<u>C</u> <u>E</u> <u>G</u>	<u>D</u> <u>F</u> <u>A</u>	<u>C</u> <u>E</u> <u>G</u> <u>C</u>
fingers:	3 2 1	3 2 1	4 3 2 1